



Savory Grilled Chicken with Orzo Pasta

Nutrition Facts

Serving Size 1 entree (320 grams)

Amount Per Serving

Calories 465 Calories from Fat 164

% Daily Values*

Total Fat 18g **28%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 70mg **23%**

Sodium 320mg **13%**

Total Carbohydrate 44g **15%**

Dietary Fiber 3g **12%**

Sugars 11g

Protein 33g **66%**

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Chicken breasts, olive oil, white vinegar, parmesan cheese, parsley, peas, yellow bell peppers, zucchini, orzo pasta, basil, thyme, oregano, garlic, sugar, onions, water, sea salt, pepper